

2016 LAAR Solos

<u>Solo</u>	<u>Race #</u>	<u>Gender</u>	<u>FirstName</u>	<u>LastName</u>	<u>Swim + (transition)</u>	<u>Kayak</u>	<u>Run</u>	<u>Cycle</u>	<u>Total Time</u>	<u>O/A</u>	<u>Gender</u>
Solo	10	Male	MARK	PHILLIPS	0:57:55	1:54:05	1:05:00	0:57:10	4:54:10	1	1
Solo	11	Male	DAN	RAYMOND	1:09:10	1:52:50	0:57:00	1:01:20	5:00:20	2	2
Solo	5	Male	RHYS	KNIGHT	0:44:30	2:00:30	1:14:00	1:05:20	5:04:20	3	3
Solo	1	Male	YALE	BOLTO	0:46:50	2:00:10	1:13:00	1:06:40	5:06:40	4	4
Solo	9	Male	MARK	SMITH	0:54:50	1:56:10	1:16:00	0:59:55	5:06:55	5	5
Solo	14	Female	KATE	KALAJZICH	0:44:50	2:02:10	1:20:00	1:13:40	5:20:40	6	1
Solo	2	Male	ASHLEY	BRADLEY	0:51:55	1:53:05	1:07:00	1:30:50	5:22:50	7	6
Solo	7	Male	RAY	MONCK	0:53:40	1:58:20	1:16:00	1:15:40	5:23:40	8	7
Solo	6	Male	PAUL	MOCK	1:09:50	1:56:10	1:11:00	1:08:40	5:25:40	9	8
Solo	4	Male	MICHAEL	KAUFMAN	0:52:30	1:55:30	1:24:00	1:22:10	5:34:10	10	9
Solo	16	Female	ANGE	LOVELOCK	1:11:40	2:07:20	1:22:00	1:25:40	6:06:40	11	2
Solo	13	Female	SUSAN	GRYLLS	0:57:40	2:09:20	1:41:00	1:21:10	6:09:10	12	3
Solo	8	Male	MICHAEL	ROACH	1:17:20	2:05:40	1:17:00	1:44:20	6:24:20	13	10
Solo	12	Female	JENNY	ANDERSON	0:56:40	2:23:20	2:14:00	1:28:50	7:02:50	14	4
Solo	15	Female	ALI	LOCKLEY	0:48:10	2:00:50	1:06:00	0:56:20	4:51:20	15	5
Solo	3	Male	SAM	CASEY							

* times in red indicate race records