

2019 LAAR - Solos										
<u>Race #</u>	<u>Gender</u>	<u>FirstName</u>	<u>LastName</u>	<u>Swim + (transition)</u>	<u>Kayak</u>	<u>Run</u>	<u>Cycle</u>	<u>Total Time</u>	<u>O/A</u>	<u>Gender</u>
6	Male	KYLE	GEAR	0:32:58	1:45:02	1:01:00	1:04:25	4:23:25	1	1
16	Male	SEBASTIAN	PUFKE	0:39:45	1:56:15	0:50:00	1:09:01	4:35:01	2	2
13	Male	DAYAN	MCSWAIN	0:44:14	1:50:46	1:00:00	1:18:40	4:53:40	3	3
14	Male	PAUL	MOCK	0:50:16	1:45:44	1:09:00	1:09:30	4:54:30	4	4
3	Male	JAIME	FORBES	0:44:26	1:55:34	1:16:00	1:23:10	5:19:10	5	5
1	Male	SHANNON	ARMSTRONG-OMERA	0:50:48	1:48:12	1:05:00	1:38:29	5:22:29	6	6
21	Male	JACK	WITHEY	0:43:00	2:06:00	1:05:00	1:39:06	5:33:06	7	7
22	Male	EDWARD	BAKER	0:50:01	1:53:59	1:12:00	1:40:34	5:36:34	8	8
12	Male	TRENT	MCINNES	0:46:59	1:51:01	1:14:00	1:55:27	5:47:27	9	9
18	Female	JANA	VAN ZYL	0:49:56	2:09:04	1:22:00	1:35:56	5:56:56	10	1
11	Male	SHEA	MALONEY	1:02:25	1:58:35	1:25:00	1:42:46	6:08:46	11	10
17	Female	MEREDITH	ROBERTSON	0:44:56	2:10:04	1:44:00	1:47:41	6:26:41	12	2
19	Female	MELANIE	WARD	0:59:16	2:00:44	1:24:00	2:14:57	6:38:57	13	3
10	Male	TORIN	KELDERMAN	0:54:44	2:02:16	1:37:00	2:10:31	6:44:31	14	11
9	Female	EMILY	HIGHAM	0:52:01	2:17:59	1:37:00	2:02:58	6:49:58	15	4
8	Female	KATELYN	HASTINGS	0:50:07	2:25:53	1:47:00	1:55:59	6:58:59	16	5
7	Male	KEN	GOATLEY	1:03:32	2:04:28	2:15:00		DNF	17	
15	Male	LIAM	POLLARD	1:15:22	1:59:38	1:39:00		DNF	18	
4	Female	LISA	GARFIELD							
5	Female	LAUREN	GEAR							
20	Male	CHRIS	WEST							